

**December 2, 2009**

**COLLEEN KRUG, PHYSICIAN ASSISTANT, JOINS INDIAN STREAM HEALTH CENTER**

Indian Stream Health Center (ISHC) is pleased to announce the recruitment of a Physician Assistant to its primary health care team. Colleen Krug will be joining ISHC on February 1, 2010.

ISHC utilizes the primary care team model and Krug will be joining ISHC's family practice team which is led by Peter Moran, M.D., family practitioner. Together they will be supported by clinical and administrative support staff. John Fothergill, M.D., internal medicine specialist, along with Faye Memolo and Mary Judd, both physician assistants, make up the second ISHC primary care team supported by additional clinical and administrative staff. According to a March 2004 article in the Journal of the American Medical Association, primary care teams "demonstrate that better teamwork and team climate are associated with better processes of care and better continuity of care, access to care, and patient satisfaction." The article further concludes: "In medical settings in which physicians and non-physician professionals work together as teams can demonstrate improved patient outcomes."

In addition to the primary care teams, ISHC offers a care management team of three members of the nursing staff who provide referrals to specialty care, ancillary services such as home health and low cost prescription medications, as well as assistance with transportation needs and other supportive services.

"I am looking forward to joining ISHC and having the support of the care team model," states Krug, who has just completed her physician assistant training at the Massachusetts College of Pharmacy and Health Sciences in Manchester NH. "As a new graduate, the support a care team provides is particularly essential. In a setting such as that offered by ISHC, I will be able to quickly refer patients who need additional services and to seek collaboration with other providers which assures optimal primary care to the Center's patient population."

According to John Fothergill, the ISHC Medical Director, "Colleen will be a great addition to our health care team. Physician assistants see patients of all ages and can address acute illnesses that require immediate attention as well as chronic conditions such as diabetes management or asthma control. ISHC has a long history of recruiting and retaining physician assistants which is evidenced by Mary Judd, a member of my team who has cared for residents in our area for more than 15 years, and Faye Memolo who has been a caring colleague for five years now. Mid-level providers, which include both physician assistants and nurse practitioners, are also known for their attention to preventive health care. They are compassionate providers who not only treat a presenting

illness, they also educate patients about their health care and encourage them to participate in decisions that are central to good health care outcomes.”

Prior to starting her physician assistant training, Krug earned her Bachelor’s Degree in Biology from the State University of New York in Geneseo, NY. While a student, Krug worked as an intensive care nurse technician in St. Elizabeth’s Medical Center in Utica, NY. She also served as a nurse’s aide in nursing homes in northern NY and provided emergency medical care as an emergency medical technician on the campus of SUNY at Geneseo. Her emphasis as a PA student was on family medicine and five of her nine five week rotations were at primary care sites in the Manchester NH area.

Krug holds certifications in advanced cardiac life support, basic life support, occupational safety, and health insurance portability and accountability act. Her academic achievements as a college student resulted in membership in numerous professional associations including the distinguished Phi Beta Kappa Honor Society and the Golden Key International Honor Society.

Growing up in upstate New York, Krug is no stranger to cold temperatures and snow. In fact, she assured the ISHC interview team: “I look forward to settling in New Hampshire’s North Country. I love the snow and plan on taking up skiing again.” A tri-athlete, Krug feels confident “that the country roads, mountains and lakes of northern Coos County provide many opportunities to enjoy the outdoors.”