



FOR IMMEDIATE RELEASE
INDIAN STREAM HEALTH CENTER
141 Corliss Lane
Colebrook, NH 03576
603-237-8336
Contact: Shirley Powell, CEO
603-388-2416
July 19, 2011



Professor Deborah A. Kinghorn to be Speaker at Indian Stream Health Center's Community Annual Meeting

The Board of Directors of Indian Stream Health Center is pleased to invite service area residents to our Community Annual Meeting on Monday, August 8th. The event will begin at 5:30 p.m. at Jackson's Lodge. Dinner will be provided at no cost for all who attend, although donations from those who are able will be appreciated. Suggested donation to offset costs of the evening is \$10.00. Our speaker will be Professor Deborah A. Kinghorn, Chair of the Department of Theater and Dance at the University of New Hampshire.

Professor Kinghorn has worked as a professional actress and director and teaches a variety of classes in theater training, including acting, movement and vocal production. Her current research involves the Kinesensic training technique and its connections to the subtle energies of the mind and soul, and its applications to health and wellness. A Master Teacher of Kinesensic Training, Professor Kinghorn has offered numerous workshops that promote awareness and use of inner body energies which inspire clarity and musicality in the voice, and potency and balance in the body. The training is predicated on the recognition that all human beings share the potential for full rich voices, whether speaking or singing, and for healthy bodies which move easily and gracefully, whether walking, running, or dancing.

Indian Stream Health Center and its Board of Directors are pleased that Professor Kinghorn will be the keynote speaker at the ISHC Community Annual Meeting. "We are excited that Professor Kinghorn has agreed to share with us her experiences in music and dance that have led her to understand and promote the use of the body's natural energy resources to promote health and wellness," stated Bridget Freudenberger, ISHC Board President. "Her presentation promises to be an experience in itself and we encourage

community residents to join us on August 8th to listen to Professor Kinghorn and to celebrate the progress made by Indian Stream Health Center”.

The annual meeting will be held on August 8th at Jackson’s lodge starting at 5:30 p.m. In addition to a delicious buffet meal there will be a Silent Auction with the proceeds going toward the ISHC Capital Campaign. Numerous local companies and individuals have contributed toward the Silent Auction. There is no charge for the meal but we welcome donations from those who can afford to pay. To attend please R.S.V.P. with Gaetane Boire at 603-388-2432.